



**Worthing Rugby Club  
Under 11s and Under 13s Girls need NEW MEMBERS**

Womens' rugby is one of the fastest growing sports in the UK and Worthing Girls teams are currently one of the best in the area.

**16 members of our girls' teams have players in the  
SUSSEX COUNTY SQUADS.**

To achieve this though, we need younger players to keep the momentum going.

We are therefore actively recruiting players for the Under 11's and Under 13's teams. (Years 5-8)

No experience is necessary.  
Training is Tuesday evenings and Sunday mornings.  
If you can't make both sessions a week, don't worry,  
just come along and try it out!

**Fun sessions, improve fitness, teamwork and camaraderie.**

For more info, contact Fliss on [fliss@felicityfield.co.uk](mailto:fliss@felicityfield.co.uk) 07967 274413

